

NATIONAL COALITION FOR MEN-MONTANA STATE UNIVERSITY MANIFESTO

"Save The Males!"

money, feel alone, and in addition have to contend with laws and customs which view them primarily as providers rather than as people. We'd like to help alleviate the suffering of these men and help change the laws and customs which discriminate against them.

WE KNOW, men have learned to cope with feelings, such as anger only in stereotyped "male" ways – ways which can be harmful to them and others. Free Men would like to help increase men's options for dealing with anger and other emotions.

WE KNOW, We know that many men perform the parent role in only a perfunctory manner, depriving them and their children of the essence of this experience. We'd like to help men become more complete parents.

We think men should have a chance to work on such issues with all the information, support, understanding and brotherhood they can give to each other.

Main objectives of Free Men:

Promote awareness of how gender based expectations limit men legally, socially and psychologically.

Free Men attempts to accomplish its objectives by:

- Promoting discussion and study of relevant issues
- Disseminating information
- Facilitating the development of new resources

The Free Men agenda includes support and/or sponsorship of meetings, workshops, lectures, and other information disseminating vehicles, and groups whose aims are consistent with the organization's objectives.



FREE MEN:

- From the notion which a) ignores the rigid definition of their roles and b) insists they are culturally favored.
- From the tendency to evaluate themselves and each other by the degree to which they meet an impossible ideal.
- From conditioned competitiveness and the fear of sharing failures, anxieties and disappointments with one another.
- From a mistrust of their feelings and instincts and an over reliance on logical thought processes.
- From the notion that violent action confirms and enhances their manliness.
- From a relative ignorance of their bodily functions and disdain for their body's warning signals.
- From their conditioning to pacify and protect women, thereby inhibiting them from expressing their true feelings.
- From the pressure to be what they are not in preparation for their success role.
- From an over reliance on their jobs for a sense of identity.
- From conflict between their polygamous sexual conditioning as youths, and

society's expectation that they will overcome that conditioning after marriage.

- From preoccupation with sexual technique and from imperatives to concentrate on satisfying their partners sexually, seemingly at the expense of their own sexual pleasure.
- From the social barriers and pressures which stand in the way of their establishing close emotional friendships with other men.
- From the inclination to turn their wives into permission giving mother figures.
- From the need to prove their worthiness as protectors and providers.
- From feelings of inadequacy in matters of child care and child rearing.
- From feelings which inhibit them from developing a closer more emotional relationship with their children.
- From divorce laws which presume the naturally superior capabilities of women to care for children and which stereotype men as wallets.
- From national conscription practices which play on their traditional role as protector of the family and society.
- From harsher treatment under law for criminal violations than the treatment accorded to women in matters of arrest, conviction and sentencing.
- From the notion that as a class they oppress women any more than women as a class oppress them, or than society in general oppresses both sexes through stereotyping.

The National Coalition For Men is the oldest Men's Rights organization in the world. Our members are men and women from all walks of life. Donations of time or money help make the world a better place for all of us.